



CURRICULUM PLAN



GROUP TRAINING SESSION



1:1 WORKSHEET



ACTION LEARNING



ACHIEVE ECONOMIC WELLBEING

1.1 MAKE A WEEKLY BUDGET PLAN

WEEKLY
BUDGETTING

WORKSHEET 1.1

PROVIDING A
RENT CARD

1.2 IDENTIFY 3 THINGS YOU CAN DO
TO SAVE MONEY

SAVING MONEY

WORKSHEET 1.2

SAVING TASK

1.3 UNDERSTAND DIFFERENT WAYS
OF PAYING BILLS

PAYING YOUR
BILLS

WORKSHEET 1.3

SETTING UP
DIRECT DEBIT

1.4 ACCURATELY READ UTILITY
BILLS

UTILITY BILLS AND
BANK STATEMENT

WORKSHEET 1.4

READ HOSTEL
METERS

1.5 IDENTIFY CORE COMPONENTS OF
BANK STATEMENT

UTILITY BILLS AND
BANK STATEMENT

WORKSHEET 1.5

QUERY BANK
STATEMENT



ENJOY AND ACHIEVE

2.1 IDENTIFY SKILLS/EXPERIENCE FOR AT LEAST 3 JOBS

JOB SEARCH SKILLS

WORKSHEET 2.1

ONLINE JOB SEARCH

2.2 IDENTIFY YOUR SKILLS & HOW THEY'RE RELEVANT TO 1 JOB

SKILLS & EXPERIENCE

WORKSHEET 2.2

ONLINE JOB APPLICATION

2.3 LIST THE INFORMATION ON A CV/APPLICATION FORM

WRITING A CV

WORKSHEET 2.3

JOINING A JOB AGENCY

2.4 EXPLAIN KEY STAGES IN APPLYING FOR A JOB

APPLYING FOR A JOB

WORKSHEET 2.4

APPLYING FOR A JOB

2.5 UNDERSTAND HOW PERSONAL PRESENTATION AFFECTS OTHERS

PREPARING FOR INTERVIEW

WORKSHEET 2.5

INTERVIEW PRACTICE

2.6 IDENTIFY/START 2-3 WAYS OF IMPROVING BASIC SKILLS

USING BASIC SKILLS

WORKSHEET 2.6

ESOL APPLICATION



BE HEALTHY

3.1 EXPLAIN THE PROCESS FOR GP REGISTRATION

ACCESSING HEALTH SERVICES

WORKSHEET 3.1

GP REGISTRATION

3.2 IDENTIFY THE 5 FOOD GROUPS & BENEFITS OF EACH

FOOD GROUPS

WORKSHEET 3.2

PLANNING MEALS

3.3 COOK A BASIC MEAL FROM SCRATCH

BASIC COOKING

WORKSHEET 3.3

COOKERY

3.4 UNDERSTAND THE USE BY/SELL BY DATE OF FOOD

USE BY DATES

WORKSHEET 3.4

FRIDGE CHECK

3.5 EXPLAIN HOW DRUG/ALCOHOL AFFECT MY TENANCY

HOW DRUGS AFFECT YOU

WORKSHEET 3.5

NA/AA FOLLOW UP

3.6 MEASURE MY STRESS AND THE IMPACT IT HAS ON OTHERS

DEALING WITH STRESS

WORKSHEET 3.6

CMHT FOLLOW UP

3.7 MAINTAIN A HEALTHY LIVING ROUTINE

SHP TO DEVELOP

SHP TO DEVELOP

GYM REGISTRATION



STAY SAFE

4.1 DESCRIBE THE BENEFITS OF AT LEAST TWO HOUSING TYPES

HOUSING OPTIONS

WORKSHEET 4.1

CBL APPLICATION

4.2 ACCURATELY READ HOUSING ADVERTS

HOUSING OPTIONS

WORKSHEET 4.2

ONLINE SEARCH WITH KEYWORKER

4.3 DESCRIBE HOW TO APPLY FOR PRIVATELY OR SOCIAL HOUSING

APPLYING FOR HOUSING

WORKSHEET 4.3

SUPERVISED HOUSING SEARCH

4.4 PRODUCE A MOVE ON CHECKLIST

MOVE ON CHECKLIST

WORKSHEET 4.4

WRITING A MOVE ON PLAN

4.5 COST OUT FURNITURE FOR A ONE BED PROPERTY

GETTING FURNITURE

WORKSHEET 4.5

TRIP TO ARGOS

4.6 UNDERSTAND THE KEY RESPONSIBILITIES IN A TENANCY

WHY TENANCIES FAIL

WORKSHEET 4.6

MOCK TENANCY SIGN UP

4.7 DESCRIBE SOLUTIONS TO PROBLEMS WITH MY HOME

MOVE ON CHECKLIST

WORKSHEET 4.7

FLOATING SUPPORT REVIEW

4.8 ACCURATELY READ UTILITY METERS

READING UTILITY METERS

WORKSHEET 4.8

TAKING METER READINGS

4.9 IDENTIFY DANGERS IN AND OUT THE HOME

PERSONAL SAFETY

SHP TO DEVELOP

ASB MEETING



MAKE A POSITIVE CONTRIBUTION

5.1 DESCRIBE THE ROLE OF MY KEY WORKER

ROLE OF KEYWORKER

WORKSHEET 5.1

SUPERVISED PHONE CALL

5.2 DESCRIBE RESPONSIBILITY OF SHARED LIVING

BEING A GOOD NEIGHBOUR

WORKSHEET 5.2

RECYCLING CHAT

5.3 EXPLAIN ONE THING I HAVE DONE FOR MY LOCAL COMMUNITY

VOLUNTEERING

WORKSHEET 5.3

COMMUNITY PLANNING

5.4 IDENTIFY 3 THINGS TO MAKE COMMUNICATION CLEARER

COMMUNICATION SKILLS

WORKSHEET 5.4

SUPERVISE APPOINTMENT

5.5 IDENTIFY THE IMPACT OF BEHAVIOURS ON OTHERS

CAUSING OFFENCE

WORKSHEET 5.5

RESIDENTS MEETING

5.6 UNDESTAND HOW PEOPLE ARE DIFFERENT

BULLYING AND HARRASSMENT

WORKSHEET 5.6

RESIDENTS MEETING